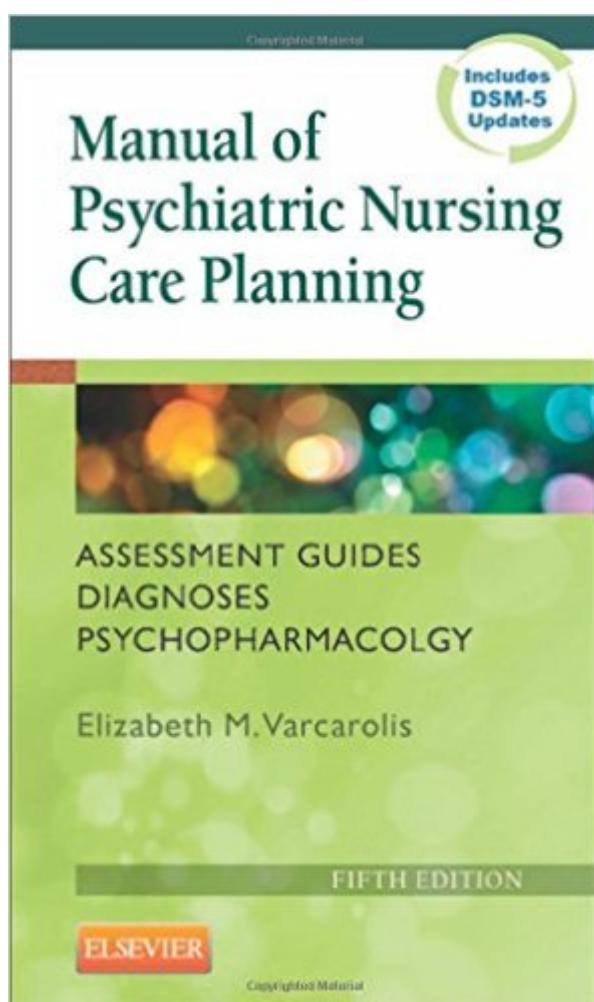


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# **Manual Of Psychiatric Nursing Care Planning: Assessment Guides, Diagnoses, Psychopharmacology, 5e (Varcarolis, Manual Of Psychiatric Nursing Care Plans)**



## Synopsis

A pocket-sized clinical companion, *Manual of Psychiatric Nursing Care Planning*, 5th Edition supplies you with the latest diagnostic information available, including the DSM-5, for accurate assessment and diagnosis of patients. It offers quick and easy access to plans of care for a range of settings including the inpatient unit, home care, or community mental health setting. Expert author Elizabeth Varcarolis, provides a clinically-based focus with the latest guidelines to psychiatric nursing care. Designed to accompany *Foundations of Mental Health Nursing*, this book is a perfect reference for creating care plans and for clinical use. The latest diagnoses, assessment and treatment strategies, and psychotropic drug information keep you up-to-date with the most current information. Care plans containing nursing diagnosis, etiology, assessment findings/diagnostic cues, outcome criteria, long- and short-term goals, and interventions and rationales offer plans of care for a wide range of psychiatric nursing diagnoses. A focus on clinical information furnishes you with information on providing patient care in a range of settings. Assessment Guides, including tables, charts, and questionnaires facilitate patient diagnosis and care. A chapter on Major Psychotropic Interventions and Patient and Family Teaching, in addition to the content found in each disorder chapter, helps you better understand the uses and workings of the psychotropic agents. Coverage of major disorders exposes you to a wide range of disorders within psychiatric nursing. NEW! The most recent information in the field, including the DSM-5, supplies you with the latest diagnostic information available for accurate assessment and diagnosis of patients. NEW! 2007 ANA *Psychiatric Mental-Health Nursing Scope and Standards of Practice* familiarize you with the current guidelines for the practice of psychiatric nursing. NEW! Updated 2012-2014 NANDA-I Nursing Diagnoses present information on the latest nursing diagnoses related to psychiatric nursing. NEW! Updated medications equip you with the latest information on medications used with psychiatric patients.

## Book Information

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## **Customer Reviews**

This excellent book demystified the process of writing psychiatric nursing care plans. Each chapter covers different disorders by category, has extensive rationales for each nursing diagnoses and tip boxes for therapeutic conversations and assessment guides. These last two features I found especially helpful when anticipating a difficult or resistant patient. This manual is designed to go with the textbook also by Elizabeth Varcarolis - 'Foundations of Psychiatric Mental Health Nursing' both published by Elsevier, there is also an online component if you need the additional help with study. I found the textbook and this volume to be sufficient and was able to do very well in this difficult rotation in large part because of the extra insights I gained from this book. This book is extensively cross-referenced throughout - it has sections on various therapies utilized for specific disorders, the DSM-IV-TR criteria for various disorders, drugs used and their effects, resources for the nurse, patient and family, copious internet and journal resource material related to the disorder being investigated, and guidelines for limit/goal setting with the patient.

This is good supplemental material for any Psychiatric Mental Health Nursing course or text. It is concise, contains everything you need, and you don't have to drag your book around. I get these little helpers whenever possible for any class. This one has the nursing diagnoses, interventions, and rationales for every condition so you can use it to write your critical thinking papers as well. It also has care planning...happy reading! I bought it at .com

The Kindle format reads like a novel... only problem this is a textbook not a novel! There is no fast access to the index with a quick alphabetical list to jump to a specific letter. If you use the table of contents to jump to a chapter you still jump to only first page of the chapter and then need to flip and flip pages. You can do a simple search but that takes time and you get results for all entries of the searched word within the book. In my opinion the Kindle app is not adapted to textbook use. I really wanted to like this Kindle version because I can access my books from both my iPad and Android phone. Hopefully will eventually come out with a Kindle sidekick: the "Kindle for textbooks". For now

I'll go back to paper copies. This purchase was a perfect waste of money.

The tables didn't transfer well into the electronic version of this book. All of the interventions and rationales were out of sync, and even though they are numbered, it's just a hassle and time consuming - when there is no extra time during nursing school. Also, some of the tables didn't format correctly, and the words were cut off at the edge of the page. I was kind of forced to buy this, since my college bookstore recently changed hands and they didn't have any of the materials we needed in stock for the start of class.

everything you need to write a psych care plan is in this book ! Nursing diagnosis, interventions, and rationals its a one stop shop for care plans! Must have for your psych rotation of nursing school

This really helped me with my Altered Mental Health clinical. It's small and conveniently fits into my purse, I whipped it out during my free time to look up interventions and there's a section about therapeutic communication, which was nice. Also, in the back there an assessment checklist- yes! I know, super convenient. If you don't like this price look for an earlier edition, it should still have the same content. Good luck!

This book was my lifeline in mental health nursing. I think most nursing students would agree that psych care plans are not fun. With this book, I simply found my patient's illness and followed the book. I did well on my care plans and passed psych with ease. If you have a strict teacher, you might not have the same luck as me, but it worked wonders for me.

This book is good for the price, but keep in mind this is not the newest edition. It still uses the old DSM-IV so, some of the DX are no longer used. Still it has been very useful for understanding psychiatric mental health patients.

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